

5 YEAR MAP OF LEARNING: Relationships, Sex, Health, and Citizenship Education (RSHCE)

SUBJECT LEADER: Mrs Laheney

FACULTY: Sentire

Year 7	Year 8	Year 9	Year 10	Year 11
Units - Identity and Community - Respect (people with disabilities) - Relationships - Building healthy relationships - Online Safety - Media influence and Reporting issues - Wellbeing - How to maintain Physical Health. Germs, feeling ill, dental hygiene, RESTART A HEART, WATER / SUN safety, Diet, Exercise. Mental Health - Understanding and describing feelings, listening skills, managing conflict. Risky Substances Tobacco / Vaping. - Growing up - Changing bodies (puberty / menstruation) - Rights, Justice and the Law - What is	Units - Identity and Community - Respect (people of different faiths) - Relationships - Preventing bullying - Online Safety - Media influence (how to stay safe online) - Wellbeing - Staying active, Minor ailments, Supporting my mental health and Risky substances (alcohol) - Growing up - Changing bodies (Support with changing emotions, Taking care of ourselves during puberty) - Rights, Justice and the Law - What is the law and how has it changed? - Politics, Parliament and Government - The UK Political System - Finance and the Economy - Keeping	Units - Identity and Community - Respect (different types of relationships) - Relationships - How relationships change, How to keep safe (including Safe Sex) - Online Safety - Media influence (How to look after myself). Online Groups and Radicalisation. - Wellbeing - Sleep, Basic First Aid and Risky substances (Illegal and Prescription Drugs) - Growing up - Changing bodies - Seeking support - Exploitation and Harrassment, Power and Consent, Contraceptives, FGM - Rights, Justice and the Law - Equality in the UK today - Politics, Parliament and Government - How is the UK	Units - Identity and Community - Respect, Understanding and Compassion - Protected Characteristics - Relationships - Impact of separation and change - Healthy relationships - Recognizing abuse and violence + Honour Based Violence - How to protect myself and others - Risky sexual behaviours - Consent - Online Safety - Impact of the Internet and being online - Wellbeing - Common mental health conditions , Self / Body health checks - Rights, Justice and the Law - Challenging injustice, Strengths and Weaknesses of the UK legal system - Politics, Parliament	Units - Identity and Community - How is UK society diverse and changing? - Relationships - Good Parenting / Pregnancy choices - Online Safety -Staying in Control - Wellbeing - How mental health changes, Using the health care system - Politics, Parliament and Government - Becoming more involved in politics - Finance and the Economy - Preparing for financial decision making, looking after an aging population Assessment Online End of Topic Test at the end of a unit of work using Google Rubrics

Year 7	Year 8	Year 9	Year 10	Year 11
Citizenship? - Politics, Parliament and Government - How Local Democracy Works - Finance and the Economy - savings and on-line banking - Active Citizenship - making a difference in our communities Assessment Online End of Topic Test at the end of a unit of work using Google Rubrics	track of Money - UK and the Wider World - Global Issues - Active Citizenship - How citizens can bring about change Assessment Online End of Topic Test at the end of a unit of work using Google Rubrics	governed? - Finance and the Economy - Implications of borrowing money, Fraud and Consumer Rights. - UK and the Wider World - People and movement around the world - Active Citizenship - Young people and active roles in democracy Assessment Online End of Topic Test at the end of a unit of work using Google Rubrics	and Government - Strengths and Weaknesses of UK Democratic System - Finance and the Economy - How the Economy works - Active Citizenship - Making a difference in our community / to society (project based) Assessment Online End of Topic Test at the end of a unit of work using Google Rubrics Plus Project	